

Women's Health and Birth Center



Sweet Sixteen and on a roll!

Yes, it has been 16 years since Rosanne moved her midwifery practice out of the basement of her home to the Summerfield office and my, how we have grown! In our first year we attended 42 births and had 5 employees. Now 16 years later we have just celebrated our biggest birth year to date with 236 births!

As the number of families we serve has grown, so has the number of providers, educators, and support staff. We now have 29 employees and contracted care providers, including certified nurse midwives, registered nurses, licensed midwives, comprehensive prenatal health workers, families first home visitors, lactation specialists, a naturopathic doctor, billing staff and front office staff.

We have expanded our offerings of classes and trainings to include a monthly prepared childbirth series, infant care and breastfeeding classes, a DONA approved doula workshop, Lactation Specialist Trainings, as well as a number of specialized classes throughout the year.

For the past year, the birth center, through the With Child program, has been providing postpartum home visits by a nurse to all qualifying Sutter hospital patients within 48 hours of discharge. This has been a wonderful opportunity to support mothers as they adjust to breastfeeding and has increased the number of breastfed babies in the community at large.

Thank you for all of your loving support over the past 16 years. Here's to 16 more!

Save the Date!

- *Spring Rummage Sale*
June 27th, 2009
- *Sweet Sixteen Party*
August 15th, 2009

Birth Center Wish List

Baby and Maternity clothes

Digital Baby Scale

Water Heater

Copy Machine

Barbeque – gently used

Bookshelf and birth books

Why we love working at the Women's Health and Birth Center

Holly Pace
Patient Educator

"I enjoy meeting with women as they progress through their pregnancies and it's so fun to meet their new babies afterwards."



Molly Jacobs, RN
Birth Attendant and Home Visitor

"I chose to work at the Birth Center because I believe that birth is a natural and miraculous event that should be celebrated, and because I believe in peoples' right to actively participate in their healthcare. Here, each birth is a unique celebration of life. It makes me proud to work somewhere that focuses on providing family-centered, holistic and truly personalized care."

Honey Grace Roberts
Patient Care Coordinator

"The Birth Center has provided me with the wonderful opportunity to work around pregnancy and birth while adding to my job skills. The trainings offered here are top-notch and have greatly enhanced my private practice as a birth doula. Everyday I get to work with the most beautiful and talented women I have ever met and I feel thankful that the community gets to benefit from their loving and experienced birth and well woman care."



Going back to work?
Get your Breastpump here at the WHBC!

Available in a shoulder bag or backpack style.

Best Price in Town!
(707)539-1544

- Mom's Group
1st and 3rd Thursdays
10am to 12pm - free
- Breastfeeding Clinic
Mondays 12pm-2pm
\$30 - drop in
- Check out our online class calendar for all our class options.

Better Beginnings Spring Fling - A Great Success!

History and Mission

In 2007, the non-profit arm of the WHBC, Better Beginnings, was born. Better Beginnings helps support the many families who cannot afford doulas, home visits or breastfeeding classes and clinics. In two short years this organization has been able to provide many moms in need with emergency doulas and provided the community with numerous education opportunities to learn more about natural birth.

First Annual Gala Fundraising Event

Thanks to the support of our clients, staff, and local and Bay Area businesses and individuals, we raised over \$5000 towards our Doula and Breastfeeding Services.

Over 80 people attended our gala event where the food was abundant, the wine flowed and the chocolate fountain was divine! Thanks to our wonderful volunteers and donors, the event hall was transformed into a Spring fantasy land, complete with

twinkle lights, ivy and glowing dragonflies adorning the walls. Truly a magical evening!

Next up for the non-profit: "Birth the Play" by Karen Brody
Where: Glaser Center
When: October 8,9,10 & 11
Tickets will be available soon through the WHBC and Better Beginnings.
Betterbeginningsforbabies.org


